

## References

# Sugar-Sweetened Beverages' Overview

- <sup>1</sup> Institut de la statistique du Québec (2016). *L'Enquête québécoise sur la santé de la population, 2014-2015 : pour en savoir plus sur la santé des Québécois*. Partie 3 – Santé environnementale. Consulted online on August 1, 2018 at <http://www.stat.gouv.qc.ca/statistiques/sante/etat-sante/sante-globale/sante-quebecois-2014-2015.html>
- <sup>2</sup> Institut de la statistique du Québec (2012). *L'Enquête québécoise sur la santé des jeunes du secondaire 2010-2011 - Tome 1 : Le visage des jeunes d'aujourd'hui : leur santé physique et leurs habitudes de vie*. Consulted online on August 1, 2018 at [www.stat.gouv.qc.ca/statistiques/sante/enfants-ados/alimentation/sante-jeunes-secondaire1.pdf](http://www.stat.gouv.qc.ca/statistiques/sante/enfants-ados/alimentation/sante-jeunes-secondaire1.pdf), p. 85 et 71.
- <sup>3</sup> Desrosiers, H., Bédard, B., Dubois, L., Gray-Donald, K., Lachance, B. et al. (2005). *Enquête de nutrition auprès des enfants québécois de 4 ans*. Institut de la statistique du Québec, Santé et Bien-être. Consulted online on August 1, 2018 at [www.stat.gouv.qc.ca/statistiques/sante/enfants-ados/alimentation/nutrition-enfants-4ans.pdf](http://www.stat.gouv.qc.ca/statistiques/sante/enfants-ados/alimentation/nutrition-enfants-4ans.pdf), p. 132.
- <sup>4</sup> Garriguet, D. (2008). *Beverage consumption of children and teens*. Statistique Canada. Consulted online on June 14, 2016 at <http://www.statcan.gc.ca/pub/82-003-x/2008004/article/6500820-eng.pdf>
- <sup>5</sup> Langlois, K. & Garriguet, D. (2011). *Consommation de sucre chez les Canadiens de tous âges*. Statistique Canada. Consulted online on August 1, 2018 at <http://www.statcan.gc.ca/pub/82-003-x/2011003/article/11540-fra.pdf>, p. 5.
- <sup>6</sup> Arseneault, B. (2016). *The International Chair on Cardiometabolic Risk Global Sugar-Sweetened Beverage Sale Barometer*. Chaire internationale sur le risque cardiométabolique. Consulted online on August 1, 2018 at <http://www.myhealthywaist.org/editorials/full-text/comm/2221/3/index.html>
- <sup>7</sup> S.N. Bleich et K.A. Vercammen (2018). The Negative Impact of Sugar-Sweetened Beverages on Children's Health: an Update of the Literature. *BMC Obesity*, 5 (6): 27 p.
- <sup>8</sup> Malik, V. S., Popkin B. M., Bray, G. A., Després, J. P., Willett, W. C., Hu, F. B. (2010). Sugar-sweetened beverages and Risk of Metabolic syndrome and Type 2 Diabetes: a Meta-Analysis. *Diabetes Care*, 33 (11), 2477-2483. Consulted online on August 1, 2018 at <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2963518/>
- <sup>9</sup> Organisation mondiale de la Santé (2015). *L'OMS appelle les pays à réduire l'apport en sucre chez l'adulte et l'enfant*. Consulted online on August 1, 2018 at <http://www.who.int/mediacentre/news/releases/2015/sugar-guideline/fr/>
- <sup>10</sup> Friedman, R. R., Brownell, K. D. (2012). Sugar-sweetened Beverage Taxes- An Updated Policy Brief. *Yale Rudd Center for Food Policy and Obesity*. Consulted online on August 1, 2018 at [http://www.uconnruddcenter.org/files/Pdfs/Rudd\\_Policy\\_Brief\\_Sugar\\_Sweetened\\_Beverage\\_Taxes.pdf](http://www.uconnruddcenter.org/files/Pdfs/Rudd_Policy_Brief_Sugar_Sweetened_Beverage_Taxes.pdf)
- <sup>11</sup> Les Diététistes du Canada (2016). *Taxation des boissons avec sucre ajouté*. Consulted online on August 1, 2018 at <http://www.dietitians.ca/Dietitians-Views/Sugar-sweetened-Beverages-andTaxation.aspx>
- <sup>12</sup> Fondation des maladies du cœur et de l'AVC (2016). *Qu'est-ce que le sucre?* Consulted online on August 1, 2018 at [http://www.fmcoeur.qc.ca/site/c.kplQKVOxFoG/b.7539715/k.7401/Mode\\_de\\_vie\\_sain\\_\\_Le\\_suc\\_re.htm](http://www.fmcoeur.qc.ca/site/c.kplQKVOxFoG/b.7539715/k.7401/Mode_de_vie_sain__Le_suc_re.htm)
- <sup>13</sup> Childhood Obesity Foundation (2016). *What every family can do: The 5-2-1-0 Rule*. Consulted online on August 1, 2018 at <http://childhoodobesityfoundation.ca/families/simple-steps-families-cantake/#tab-id-4>
- <sup>14</sup> Alliance pour la Prévention des Maladies Chroniques au Canada (2011). *CDPAC Position Statement: Extra Sugar, Extra Calories, Extra Weight More Chronic Disease: The Case for a Sugar-Sweetened Beverage Tax*. Consulted online on August 1, 2018 at <http://www.cdpac.ca/media.php?mid=1170>
- <sup>15</sup> Malik, V. S., Popkin B. M., Bray, G. A., Després, J. P., Willett, W. C., Hu, F. B. (2010). Sugar-sweetened beverages and Risk of Metabolic syndrome and Type 2 Diabetes: a Meta-Analysis. *Diabetes Care*, 33 (11), 2477-2483. Consulted online on August 1, 2018 at <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2963518/>

- <sup>16</sup> Palmer, J. R., Boggs, D. A., Krishnan, S., Hu, F. B., Singer, M., Rosenberg, L. (2008). Sugar-sweetened Beverages and Incidence of Type 2 Diabetes Mellitus in African American Women. *Archives of Internal Medicine*, 168 (14), 1487-1492. Consulted online on August 1, 2018 at <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2708080/>
- <sup>17</sup> Imamura, F., O'Connor, L., Ye, Z., Mursu, J., Hayashino, Y., Bhupatiraju, S. N., Forouhi, N. G. (2015). Consumption of sugar sweetened beverages, artificially sweetened beverages, and fruit juice and incidence of type 2 diabetes: systematic review, meta-analysis, and estimation of population attributable fraction. *British Medical Journal*, 351 (h3576), Consulted online on August 1, 2018 at <http://www.bmj.com/content/bmj/351/bmj.h3576.full.pdf>
- <sup>18</sup> Brown, I. J. et al. International Study of Macro/Micronutrients and Blood Pressure Research Group (2011). Sugar-Sweetened Beverage, Sugar Intake of Individuals and Their Blood Pressure: International Study of Macro/Micronutrients and Blood Pressure. *Hypertension*, 57 (4), 695-701. Consulted online on August 1, 2018 at <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3086758/>
- <sup>19</sup> Rahman, I., Wolk, A., Larsson, S. C. (2015). The relationship between sweetened beverage consumption and risk of heart failure in men. *Heart*, 101, 1961-1965. Repéré en ligne le 1er août 2018 au <http://heart.bmj.com/content/101/24/1961.full.pdf+html>
- <sup>20</sup> Organisation mondiale de la Santé (2015). *Note d'information sur l'apport de sucres recommandé pour les adultes et les enfants dans la directive de l'OMS*. Consulted online on August 1, 2018 at [http://www.who.int/nutrition/publications/guidelines/sugar\\_intake\\_information\\_note\\_fr.pdf](http://www.who.int/nutrition/publications/guidelines/sugar_intake_information_note_fr.pdf)
- <sup>21</sup> Ordre des hygiénistes dentaires du Québec (2016). *Effets néfastes des boissons énergisantes sur votre santé buccodentaire*. Consulted online on August 1, 2018 at [http://www.ohdq.com/Ressources/Documents/19360-DEP\\_FRA.pdf](http://www.ohdq.com/Ressources/Documents/19360-DEP_FRA.pdf)
- <sup>22</sup> Nimer, A. et al. (2008). Soft Drink consumption linked with fatty liver in the absence of traditional risk factors. *Canadian Journal of Gastroenterology*, 22 (10): 811-816.
- <sup>23</sup> Mortier, C. (2016). *Les boissons sucrées au-delà du sucre! Impacts environnementaux de la production des boissons sucrées au Québec*.
- <sup>24</sup> Shepherd, J., Harden, A., Rees, R., Brunton, G., Garcia, J., Oliver, S. et Oakley, A. (2006). Young people and healthy eating: a systematic review of research on barriers and facilitators. *Health Education Research*, 21 (2), 239-257. Consulted online on August 1, 2018 at <http://her.oxfordjournals.org/content/21/2/239.full.pdf>
- <sup>25</sup> Institute of Medicine of the National Academies (2006). Food Marketing to Children and Youth: Threat or Opportunity? Committee on Food Marketing and the Diets of Children. Washington D.C.: *The National Academy Press*. Consulted online on August 1, 2018 at <http://www.nap.edu/catalog/11514/food-marketing-to-children-and-youth-threat-or-opportunity>
- <sup>26</sup> Andreyeva, T., Long, M. W., & Brownell, K.D. (2010). The impact of food prices on consumption: A systematic review of research on price elasticity of demand for food. *American Journal of Public Health*, 100 (2), 216-222.
- <sup>27</sup> Organisation mondiale de la Santé (2010). Ensemble de recommandations sur la commercialisation des aliments et boissons non alcoolisés destinés aux enfants. Consulted online on August 1, 2018 at [http://apps.who.int/iris/bitstream/10665/44421/1/9789242500219\\_fre.pdf](http://apps.who.int/iris/bitstream/10665/44421/1/9789242500219_fre.pdf)
- <sup>28</sup> Office de la protection du consommateur (2008). Vos enfants et la pub. Éditions Protégez-vous. Consulted online on August 1, 2018 at <https://www.opc.gouv.qc.ca/fileadmin/media/documents/consommateur/sujet/publicite-pratique-illegale/EnfantsPub.pdf>
- <sup>29</sup> Organisation mondiale de la Santé (2003). Diet, Nutrition and Prevention of Chronic Diseases, (916, section 5.2.4). Genève: WHO Technical report. Consulted online on August 1, 2018 at [http://www.who.int/dietphysicalactivity/publications/trs916/fr/gsfao\\_introduction.pdf](http://www.who.int/dietphysicalactivity/publications/trs916/fr/gsfao_introduction.pdf)